



OFFICE OF THE PRINCIPAL

PRAGJYOTISH COLLEGE

[Affiliated to Gauhati University and
recognized under Sections 2(f) and 12(B) of the U.G.C. Act, 1956]

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PRINCIPAL

7.2 Best Practices

Describe at least two institutional best practices. Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

BEST PRACTICE 1:

1. **Title of the Practice:** Anti-Plastic and Anti-Tobacco Drive cum Awareness Programme

2. **Objective of the Practice:** Plastic is non-biodegradable and disrupts our endocrine system, and is suspected to cause cancer and many other diseases while nicotine is one of the prime ingredient of causing cancer. The objective of this program was to create awareness among the students and the nearby inhabitants to go plastic free and tobacco free. Due to the increase number of surrogate advertising with celebrities, of the cancer causing products and plastic, it has become very important to create awareness among our youths so that they do not get driven by those advertisings and the agenda was also to brief on adverse effect on our health and environment.

3. **The Context:** As about 267 million adults i.e. every 3 adults of 10 is a tobacco user in India and handy and cheap price of plastic makes it very challenging to be addressed in designing and implementing this practice. However, with positive mind and help of all academic departments of the college in association with various stakeholders viz. Pragjyotish College Teachers' Unit, Pragjyotish College Anashikshak Karmachari Sanstha, Pragjyotish College Alumni Association, Pragjyotish College Guardian's Forum, Police Commisionerate of Guwahati, District Tobacco Control Cell (Kamrup Metro), Pragjyotish College Students' Union, NCC, NSS, Bharat Scout and Guides and Indian Red Cross, led to the successful completion of the event.

4. **The Practice:** The event is inspired by the mission "SWACCH BHARAT ABHIYAN" and concern of rising numbers of cancer patients in India. Pragjyotish College is one of the first college in Assam to take the first step toward "Value Education" and create a healthy and swatch atmosphere in and around the campus with a curtain raising event of the nation-wide govt. campaign on plastic ban and tobacco ban. The program was designed with several talks by dignitaries along with along with collection of plastic waste materials from various parts of the campus and surrounding. The program was also a stand against the surrogate brand advertisement of tobacco products which uses the loop hole of our system to lure the youth to consume various cancer causing products.

5. Evidence of Success: The day long programme started with the collection of plastic waste materials from various parts of the campus with simultaneous awareness talks and distribution of anti-plastic awareness leaflets in the various classrooms to the students. Dr. Shyamal Prasad Saikia, DIG (Home Guards & Civil Defence), Jayanta Baruah, ACP of Police Commissionerate Guwahati (West Division), Sangita Dutta of District Tobacco Control Cell, Kamrup Metro District, Dr Dayananda Pathak, President of Pragjyotish College Retired Teachers' Forum, Chakradhar Nath, President of Pragjyotish College Guardians' Forum, Dewan Dhrubajyoti Maral, President of Pragjyotish College Alumni Association, along with the students, teachers and non-teaching staff of the College actively participated in the programme. Dr. Shyamal Prasad Saikia administered the anti-tobacco pledge to the staff and students and other participants on behalf of the District Tobacco Control Cell of Kamrup Metro District, in presence of the Principal of the college Dr. Manoj Kumar Mahanta. A street drama was organized by the Pragjyotish College Alumni Association during the event. All plastic waste materials collected from the campus was disposed off ceremoniously through a garbage collection van provided by Guwahati Municipal Corporation. Various awareness signboards and display boards were erected at various parts in the campus as part of the programme. The evidence of the programme lies in the negligible amount of plastic waste and stain free wall in and around the campus. The result seems to be very positive beyond the target and benchmark as campus and its surrounding are tobacco free and with negligible amount of plastic waste.

6. Problems Encountered and Resources Required: As we know use of plastic products is very common, from water bottle to processed food, from plastic bag to container it is near to impossible to go plastic free. So, our main focus is to minimize the usage and reduce to maximum possible surface area. Even the recycling by pyrolysis is a costly affair. So, the campaign encountered various problem as we are accustomed to use of plastic in our day to day life and replacement of plastic for the biodegradable are expensive compared to plastic. Even the college had to make separate fund for disposal of the plastic waste including use of bamboo dustbin. While the awareness of going tobacco free didn't had much of a trouble because of the help of police intervention against selling of tobacco products in the nearby shops in and around the campus and even the shop owners were very cooperative against the consumption of tobacco products.

7. Notes: As in 21st century, the major concern is to save the planet and health. So, adopting practices like going green with minimum usage of plastic products and campaigning awareness regarding health issues and diseases in this century would be a very idea to adopt as one of the best practices in other institution.

Website link: <https://pragjyotishcollege.ac.in/pragjyotish-college-in-association-with-various-stakeholders-jointly-organized-an-anti-plastic-and-anti-tobacco-drive-cum-awareness-programme-on-1st-october-2019-tuesday-as-a-curtain-raising-event/>

BEST PRACTICE 2:

1. Title of the Practice: Teacher Exchange Programme

2. Objective of the Practice: The vision of the faculty of exchange programme is to disseminate quality education to the students including those who are underprivileged, so that they may realize their potential and become responsible human beings in society. The programme aims to take up lecture or a series of lectures at the Geology Department, Dimoria College as resource persons for portions or special topics of a few identified courses in consultation with the Head of the Geology Department, Pragjyotish College and vice versa, at a mutually convenient timing,

during the session.

3. The Context: A Memorandum of Understanding (MoU) is executed between Department of Geology, Pragjyotish College, Guwahati as the First party and Department of Geology, Dimoria College, Khetri – as the Second party. In designing and implementing this practice a series of discussion had been held in order to come to an understanding and as the distance between the Pragjyotish College and Dimoria College is more than 30 kilometres, so the proper planning was made so that the practice does not affect the originality of the objective.

4. The Practice: Pragjyotish College has requested Dimoria College to collaborate to achieve its objectives, through various programmes in the Geology Department for the academic promotion with the following identified but not limited to,

1. Faculty Exchange Programme – Faculty members of the Geology Department, Pragjyotish College may take a lecture or a series of lectures at the Geology Department, Dimoria College as resource persons for portions or special topics of a few identified courses in consultation with the Head of the Geology Department, Pragjyotish College and vice versa, at a mutually convenient timing, during the session
2. Joint organization of Seminar/Symposia/Workshop may be jointly organized by faculty members of the Geology Department of Pragjyotish College and Dimoria College.
3. Summer Training Camp/Internship – Geology Department of Pragjyotish College and Dimoria College may recruit students from the department for summer camp and Internship programme for a period of 4(four) weeks during summer vacation, subject to availability of the faculty member.
4. This is a non-binding MoU and there shall be no financial obligation on Dimoria College as a partner

5. Evidence of Success: The practice of teacher's exchange programme has been a grant success as the students of both the college can gain special classes based on their demand and requirement. As most of the college faculty do not share the same specialization, the program provides opportunities to gain from the expertise of both the college. The program also encouraged the students of Dimoria College, Geology Department to have a thought for Post Graduate Program in Pragjyotish College as they are already familiar with the faculties' expertise. And it offers a unique educational experience that prepares the next Generation of global citizens to lead and make a difference in the world.

6. Problems Encountered and Resources Required: As this practice could not be possible by just mere talk, so a proper Memorandum of Understanding (MoU) had to be executed for this practice to possible which caused both time and money. A series of talk has been organised for achieving this mutual goal. Apart from the execution of the MoU, no major problems were encountered. As the college are separated by a distance of more than 30 kilometres, the resource faculty had to manage his/her on time in such a way that it does not affect its own students' time.

7. Notes: The program/ practice of teacher's exchange programme helps the students with an opportunity to gain special class based on own requirement or demand, it can eliminate the limitation which both the students and teachers face during the academic session.

Website link: <https://pragjyotishcollege.ac.in/faculty-exchange-programme/>

